



3.1 Men's Residential Program

Overview

Located in Southern Maryland, our licensed and accredited program offers individualized residential substance use treatment for adult men. The average length of stay is 4 to 6 months, but can vary in order to provide a stable and supportive environment ideal for men who are transitioning from a higher level of care. Maryland Medicaid and most commercial medical insurances are accepted.

Collaborations

We partner with local outreach programs including Pathways, JobSource and Beacon of Hope to assist our clients with obtaining a job, providing transportation and certifications. We also introduce our clients to a number of local recovery groups.

Black-Out Period

During the required 30-day black-out period, clients can access their cell phone, tablet, and/or laptop but are not permitted to leave the premises without a staff member present. Clients are encouraged to seek employment during the black-out period and transportation will be provided for interviews with 48-hour notice. Clients are welcome to join all community outings for 3.1 residents even during the black-out period. A monthly schedule of events is provided.

Schedule

Clients in our 3.1 program follow a structured schedule that includes treatment groups, recovery groups and engagement in community activities. All residents are required to start the day by 8:30 AM Monday through Sunday, and lights go out at 10:45 PM Monday through Thursday and at 11:45 PM Friday through Sunday.

Outings

Those with a valid driver's license, current registration, and insurance are permitted to keep one personal vehicle on-site.

Requests for 2-23 hour and 24-48 hours passes must be submitted 24 and 48 hours in advance, respectively. Passes are subject to approval by the Case Manager and Counselor and are issued between 9:00 AM to 10:00 PM Sunday through Thursday and from 9:00 AM to 11:00 PM Friday and Saturday.

If the client uses outside transportation, the driver is required to show valid driver's license, registration, and insurance. Clients will also need to sign a release in order to leave with the driver

After any outing without staff, clients will be subject to urinalysis and a body search.

Employment

Within 30 days of entering the program, clients are expected to secure employment. If unable to find a job within this time frame, clients must obtain a volunteer position for at least 20 hours per week.

During the black-out period, Case Management prepares clients for job readiness with resume prep, mock interviews, job searches and more.

Residential Treatment Center

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