



# 3.1 Men's Residential Program

## **Overview**

Located in Southern Maryland, our licensed and accredited program offers individualized residential substance use treatment for adult men. While our average length of stay is 4 to 6 months, the length of stay can vary to provide a stable and supportive environment ideal for men who are transitioning from a higher level of care. Maryland Medicaid and most commercial medical insurances are accepted.

# **Collaborations**

We are currently working with local outreach programs like Pathways, JobSource and Beacon of Hope that assists our clients with obtaining jobs, providing transportation and certifications. We also strive to show our clients as many local recovery groups as possible.

### **Black-Out Period**

All clients will go through a 30-day black-out period. During this time, clients have access to their cell phones, tables, and/or laptops but are not permitted to leave the premises without a staff member present. Clients are encourages to apply for jobs during the black-out period and transportation will be provided for interviews (with 48-hour notice). Clients are welcome to join all community outings for 3.1 residents even during the black-out period; a monthly schedule of events is provided.

#### **Schedule**

Clients in our 3.1 program follow a structured schedule that includes treatment groups, recovery groups and engagement in community activities. All residents are to be ready for the day by 8:30 AM Monday through Sunday, lights go out at 10:45 PM Monday through Thursday and at 11:45 PM Friday through Sunday.

# **Outings**

Those with a valid driver's license, current registration, and insurance are permitted to keep one personal vehicle on-site.

Requests for 2-23 hour and 24-48 hours passes must be put in 24 and 48 hours in advance, respectively. Passes are subject to approval by the Case Manager and Counselor and are issued between 9:00 AM to 10:00 PM (Sunday through Thursday) and from 9:00 AM to 11:00 PM (Friday and Saturday).

If the client uses outside transportation, the driver is required to show valid driver's license, registration, and insurance. Clients will also need to sign a release in order to leave with the driver

After any outing without staff, clients will be subject to urinalysis and a body search.

# **Employment**

Within 30 days of entering the program, clients are expected to find employment. If unable to find a job within this time frame, clients must obtain a volunteer position for at least 20 hours per week.

Case Management will work directly with clients on job readiness. Resume prep, mock interviews, job searching, and more will be cover during the black-out period.

## **Residential Treatment Center**

44871 St. Andrew's Church Road California, MD 20619