



**PYRAMID**  
Healthcare, Inc.



## Dayton Outpatient Treatment Center

The Pyramid Healthcare Outpatient Treatment Center in Moraine, Ohio offers a full continuum of individualized, evidence-based treatment options specifically designed for adults struggling with mental health, substance use or co-occurring disorders.

Individuals who contact Pyramid Healthcare receive a timely evaluation appointment - often within 24-48 hours of the call. During the initial assessment, our team gets to know each client so that we can provide a clinical recommendation for treatment as well as assistance in connecting the client to the services they need.

### What We Offer

- » Comprehensive Level-of-Care Assessments
- » Ambulatory Detox
- » Mental Health Day Treatment (MHDT)
- » Partial Hospitalization Program (PHP)
- » Intensive Outpatient Program (IOP)
- » Outpatient Program (OP)
- » Medication Management
- » Medication Assisted Treatment (MAT)/  
Medication for Opioid Use Disorder (MOUD)
- » Individual, Family, & Group Therapy
- » Peer Recovery Support Services
- » Case Management Services

### Program Details

Pyramid Healthcare's outpatient treatment team utilizes an integrative and individualized approach that incorporates multiple treatment models into a schedule of individual, group, and family therapy.

- » Cognitive Behavioral Therapy (CBT)
- » Dialectical Behavior Therapy (DBT)
- » Psychoeducation

**AMBULATORY DETOX,  
MHDT, PHP, IOP, & OP  
LEVELS OF CARE**

**ADULTS 18+  
ALL GENDERS**

**PRIMARY MENTAL  
HEALTH PROGRAM**

**SUBSTANCE USE  
TREATMENT**

**CO-OCCURRING  
TREATMENT TRACK**

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[pyramidhealthcare.com](http://pyramidhealthcare.com)



## MEDICATION MANAGEMENT

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## MEDICATION FOR OPIOID USE DISORDER (MOUD)

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## SCHEDULED ASSESSMENTS

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## WALK-IN AVAILABILITY

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## BUS ROUTE ACCESSIBLE

## Accepted Payment Methods

- » Medicaid
- » Most major insurance
- » Self-payment

## Ambulatory Detox

Ambulatory detox is outpatient detoxification from substances and is also known as withdrawal management. This differs from medically-monitored detox, which is a residential, 24-hour supervised detox program and is more suitable for people who have a prolonged history of substance use. Clients are assessed for appropriateness for Ambulatory Detox upon intake based on history, presenting withdrawal symptoms, current needs, and other considerations.

## Case Management

Case Management- assists individuals in identifying and working through social needs that may affect their care and day-to-day lives. Our case management team can help to eliminate barriers to treatment, improve access to community resources, develop prosocial skills, and collaborate with individuals to improve their care and quality of life. This service is available to all patients, regardless of diagnosis or degree of progress in the program.

## Mental Health Day Treatment (MHDT)

MHDT is designed to stabilize more severe mental health symptoms in adults such as depression, anxiety, bi-polar disorder, PTSD, ADHD, OCD, self-harm, and suicidal ideation. Treatment includes group therapy (5 days/week) and at least one hour of individual therapy.

## Partial Hospitalization Program (PHP)

A highly structured treatment (5 days/week) with a focus on development of recovery skills, day-to-day coping strategies, and management of symptoms and triggers.

## Intensive Outpatient Services (IOP)

Often a step-down after completion of MHDT, PHP, or a residential program, this program meets 3 days/week and includes process psychotherapy, recovery skill-building, and education.

## Outpatient Services (OP)

Includes weekly outpatient groups and/or individual therapy. Clients who demonstrate progress toward treatment goals often graduate to Outpatient Services to achieve sustained, long-term recovery with weekly groups and/or individual therapy and support.

## Peer Recovery Support

Peer Recovery Specialists (PRS) coach clients on topics including developing local resources within the recovery community, enhancement of self-management skills, and outreach/engagement support.