



PYRAMID
Healthcare, Inc.



FEMALES 18+

**DUAL DIAGNOSIS
TREATMENT**

**RESIDENTIAL CARE
PROGRAM**

**MEDICATION
ASSISTED
TREATMENT (MAT)**

**COUNSELING
SERVICES**



124 Bridge Street
Catasauqua, PA 18032

24/7 ADMISSIONS
(888) 694-9996

pyramidhealthcare.com

Lehigh Valley Residential Treatment Center

Pyramid Healthcare's Residential Treatment Center in Lehigh Valley provides a trauma-informed, person-centered treatment model for women in search of long-term recovery from substance use and co-occurring disorders. Our program is dually licensed (RTFA certified by OMHSAS), and led by a team of behavioral healthcare professionals proficient in co-occurring treatment to diagnose and address both substance use and mental health disorders.

What We Offer

- » Residential care for females 18+
- » Medication Assisted Treatment (MAT)
- » Individual, group, and family therapy
- » Trauma Recovery Empowerment Model (TREM)
- » Prenatal Care Coordination
- » Certified Recovery Specialist (CRS) Services
- » Case management and aftercare planning
- » Discharge readiness group
- » SMART Recovery
- » Co-occurring group
- » Orientation group for new admissions
- » Nutrition group
- » Yoga & Drumming
- » Women Empowerment Events



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TREM Group

The Trauma Recovery and Empowerment Model (TREM) group empowers women to process and heal from the effects of trauma, mental health, and addiction in a safe, supportive environment.

Each topic in the curriculum-based group is specifically designed to help clients recognize their response to trauma and develop healthy coping and self-soothing skills. Talk therapy and grounding/meditation exercises further assist clients with emotional regulation.

Medication Assisted Treatment (MAT)

We educate and maintain clients on all forms of MAT including Suboxone®, Sublocade® and Vivitrol® and provide methadone guest dosing through local community partners

Lehigh Valley Pregnancy Program

We offer rapid-access residential care for pregnant women with substance use and co-occurring mental health challenges. Our trauma-informed program provides a safe, supportive environment focused on recovery and healthy pregnancies.

No recent OB/GYN visit is required. Clients are quickly connected to trusted providers to start or continue prenatal care. Through Valley Health Partners, services are available for uninsured patients, with sliding scale fees and assistance securing Medical Assistance (MA).

Services include:

- » Certified Recovery Specialists (CRS)
- » Aftercare
- » Housing resources
- » Transportation to and from appointments
- » Case management